

# Emmaus Lutheran School Lunch Menu — November 2020 —

Monday	Tuesday	Wednesday	Thursday	Friday
2   Cheese Breadsticks Marinara Broccoli Tree Top Apple Chips Mini Rice Krispie Milk	3   Breaded Chicken Patty Sandwich Pickle Chips Mixed Veggies Berry Cup Milk	4   Cheese Omllet Salsa, Roll Roasted Potatoes Blueberries Milk	5   Bar-B-Que Pulled Pork Sandwich Oven Fries Pickle Spear Peaches Milk	6   Cheese Quesadilla Refried Beans Chips & Salsa Mixed Fruit Milk
9   Chicken Fillet Sandwich Lettuce, Tomato & Pickles Oven Fries Dried Cranberries Milk	10   Soft Taco Chips & Salsa Refried Beans Shredded Cheese Berry Cup Milk	11   Cheese Pizza Broccoli, Carrots Mixed Fruit Mini Rice Krispie Milk	12   Ham & Cheese Sandwich Pickle Chips Fresh Veggies w/ Ranch Baked Cheetos Strawberries, Milk	13   Fish Sticks Oven Fries Green beans Apple Sauce Roll Milk
16   Spaghetti & Meat balls House Salad Garlic Bread Mixed Fruit Milk	17   Chicken Fajita over Brown Rice Chips & Salsa Lettuce + Cheese Cherries Milk	18   Turkey, Gravy Mashed Potatoes Greenbeans Roll, Peaches Milk	19   Hot Dog Shredded Cheese Baked Beans Sweet Potato Fries Apple Sauce Milk	20   Turkey & Gravy over Brown Rice Broccoli Mixed Fruit Blueberry Muffin Milk
23   Cinnamon French Toast Syrup, Ham Hashbrown Triangle Blueberries Juice, Milk	24   Grill Cheese Tomato Soup Tree Top Apple Chips Cookie Milk	25   — No School —	26   — No School —	27   — No School —
30   Chicken and Waffles Carrots, Greenbeans Blueberries Milk		* Menu is Subject to Change		