

# Emmaus Lutheran School Lunch Menu — March 2019 —

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sloppy Joe Sweet Potato Fries Green beans Mixed Fruit Milk
4 Chili Bean & Cheese Burrito Seasoned Refried Beans Chips & Salsa Apple Sauce Milk	5 Chicken & Gravy over Brown Rice Peas & Carrots Mini Rice Krispie Peaches Milk	6 Cheese Burger Lettuce, Tomato & Pickles Sweet Potato Fries Pears Milk	7 Max & Cheese Ham Mixed Veggies W.G. Fortune Cookies Fresh Apple Slices Milk	8 Cheese Pizza Quesadilla Fresh Broccoli with Ranch Corn Mixed Fruit Milk
11 Mini Pancake Sausage Bites, Syrup Potato Stars Dragon Punch Juice Blend Baked Apples, Milk	12 Taco in a Bag Shredded Cheese Salsa Cup Seasoned Black Beans Mixed Fruit Milk	13 Max Cheese Bread Stick Marinara House Salad W.G. Cookie Strawberries Milk	14 Fish Sticks Cole Slaw Oven Fries W.G. Roll Apple Sauce Milk	15 Baked Turkey & Cheese Roll-up Broccoli, Carrots WOW Butter with Goldfish Pretzels Juice, Milk
18 Spaghetti & Meatballs W.G. Garlic Bread Romain Salad Pears Milk	19 Cheese Omlet Salsa, Ham Potato Stars W.G. Muffin Orange Juice Milk	20 Bar-B-Que Chicken Sandwich Celery Sticks with Ranch Oven Fries Pickle Chips Peaches, Milk	21 Soft Tacos Shredded Lettuce and Cheese Chips & Salsa Pineapple Milk	22 Mini Ham & Cheese Rolls Pickle Spear Baked Beans Apple Sauce W.G. Fortune Cookie, Milk
25 Cinnamon French Toast, Syrup Diced Ham Potato Stars Dragon Punch Juice Blend Blueberries, Milk	26 Chicken Tenders Oven Fries Baby Carrots with Ranch Peaches Milk	27 Southwest Chicken Sandwich Shredded Lettuce & Cheese Seasoned Black Beans, Chips Mixed Fruit, Milk	28 Pepperoni Pizza Carrot & Celery Sticks with Ranch Mini Rice Krispie Fresh Fruit Milk	29 Salad Bar Strawberry Yogurt W.G. Strawberry Delight Cookie W.G. Goldfish Pretzels Raisins Milk