

Emmaus Lutheran School Lunch Menu — February 2019 —

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Parmesan Broccoli W.G. Garlic Bread Strawberries Milk
4 South West Chicken Sub Shredded lettuce & Cheese Refried Beans Apple Sauce Milk	5 Diced Chicken & Gravy Brown Rice Mixed Veggies W.G. Roll Peaches, Milk	6 Cheese Burger Lettuce, Tomato & Pickles Sweet Potato Fries Orange Juice Goldfish Milk	7 Cheese Omlot Salsa Cup Oven Roasted Diced Potatoes W.G. Chocolate Chip Muffin, Pears Milk	8 Turkey, Gravy Mashed Potatoes Broccoli W.G. Roll Mixed Fruit Milk
11 Spaghetti & Meat Balls W.G. Garlic Bread Romain Salad Baked Apples Milk	12 Chicken Teriyaka Brown Rice Carrots, Peas Fresh Fruit W.G. Fortune Cookie Milk	13 Grill Cheese Tomato Soup House Salad Pears Milk	14 Chicken Tenders Mashed Potatoes Gravy Mixed Veggies Frozen Fruit Slushie Milk	15 — No School —
18 — No School —	19 Mac & Cheese Diced Ham W.G. Roll Carrots, Peas Mixed Fruit Milk	20 Hot Dog Shredded Cheese Cole Slaw Oven Fries Fresh Fruit Milk	21 Bar-B-Que Chicken Sandwich Cole Slaw Pickle Chips Sweet Potato Fries Mixed Fruit Milk	22 Salad Bar Strawberry Yogurt Cheese Stick W.G. Roll Mini Rice Krispie Raisins, Milk
25 Cinnamon French Toast, Syrup Potato Stars Sausage Blueberries Dragon Punch, Milk	26 Soft Taco Refried Beans Chips & Salsa Shredded Cheese Strawberries Milk	27 Pepperoni Pizza Broccoli Carrots Apple Sauce Milk	28 Breaded Chicken Patty Sandwich Baked Beans Mixed Veggies W.G. Cookie Pears, Milk	