

Emmaus Lutheran School Lunch Menu — March 2018 —

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hot Dog Shredded Cheese Baked Beans Corn Apple Sauce Milk	2 Mini Ham & Cheese Sandwich Pickle Chips Sweet Potato Fries Celery Sticks w/Ranch Peaches Milk
5 Pancakes Baked Ham Tri-Tators Blue Berries Juice Milk	6 Bar-B-Que Chicken Sandwich Oven Fries Pickle Chips Baked Beans Sliced Pears, Milk	7 Spaghetti and Meatballs Cheesy Garlic Bread Romain Salad Peaches. Milk	8 Chicken & Gravy over Brown Rice W.G. Roll Mixed Veggies Mixed Fruit Milk	9 South West Sub Shredded Lettuce & Cheese, Salsa Refried Beans Apple Slices Milk
12 Chicken Tenders Mashed Potatoes Gravy, Corn Strawberry Cup Milk	13 Taco in a Bag Seasoned Black Beans Salsa Cup Shredded Lettuce & Cheese Apple Sauce, Milk	14 Mac & Cheese Baked Ham Mexican Cornbread Baby Carrots & Celery sticks w/Ranch Peaches, Milk	15 Chicken Parmesan House Salad W.G. Roll Mixed Fruit Milk	16 Cheese burger Lettuce, Tomato & Pickle Sweet Potato Tots Frozen Fruit Slushie, Milk
19 Grilled Cheese Sandwich Tomato Soup Broccoli Strawberry Apple Sauce Milk	20 Baked Turkey & Cheese Roll-up Baby Carrots with Ranch cup Baked Beans Sliced Pears, Milk	21 Chicken Teriyaki Brown Rice Peas & Corn W.G. Roll Mixed Fruit Milk	22 Pepperoni Pizza House Salad Black Olives Pretzels Peaches Milk	23 Salad Bar Cheesy Bread Yogurt Cookie Raisins Milk
26 French Toast Sticks, Syrup Baked Ham Tri-tators Blueberries Juice, Milk	27 Cheese Quesadilla Seasoned Black Beans Salsa Cup Romain Salad Peaches, Milk	28 Chicken Nachos Salsa Cup Corn & Green Peppers Mixed Fruit Milk	29 Hot Dog shredded Cheese Oven Fries Cole Slaw Apple Sauce Milk	30 - No School -